



# Suggested Readings

**The Regional Wounds Victoria website lists many external links to best practice documents that are considered relevant to Australian clinicians.**

**This 'Suggested Readings' resource was compiled to facilitate self-guided reading to those who may benefit from direction to key documents.**

This package may be appropriate for:

- health practitioners including nurses, doctors, medical specialists, podiatrists, physiotherapists, dieticians, and any other allied health worker working with wounded people
- those who want to ensure their wound practice is in line with best practice
- professional development purposes
- health care students to supplement their wound education
- those who are unsure where to start to increase their wound knowledge

Links in this package are organised into the following topics:

- [General and Wound Assessment](#)
- [Wellbeing and Concordance](#)
- [Wound Infection and Biofilm](#)
- [Skin Integrity](#)
- [Pressure Injury](#)
- [Skin Tears](#)
- [Ulcerations on the Lower Limb](#)
- [Lymphoedema](#)
- [High Risk Foot \(Diabetic Foot\)](#)
- [Burns](#)
- [Nutrition](#)
- [Pain](#)
- [Dressings](#)

Visit the [Regional Wounds Victoria website](#) for further resources, links and client brochures. [Contact us](#) if you have any suggestions for this document or to notify us of a broken link.

## General and Wound Assessment

- ❑ [Wounds Australia. Standards for Wound Prevention and Management. 3rd edition. Cambridge Media: Osborne Park, WA; 2016](#)
- ❑ [Leaper D, Schultz G, Carville K, Fletcher J, Swanson T, Drake R. Extending the TIME concept: what have we learned in the past 10 years? Int Wound J 2012; 9\(Suppl 2\):1-19](#)
- ❑ [Wound Healing Institute of Australia. Online Wound Education Program](#) Modules include: Core, Burns, Core, Foot Ulcer, Leg Ulcer, Malignant, Pressure Injury, Skin Tear, Aboriginal Health Worker
- ❑ [Wound Management for the advanced practitioner. Edited by Terry Swanson, Margo Asimus and Bill McGuiness, IP Communications, 2014](#)
- ❑ [Benbow M. Best Practice in Wound Assessment. Nursing Standard 2016; 30\(27\): 40-47](#)

## Wellbeing and Concordance

- ❑ [International Consensus. Making the case for cost-effective wound management. Wounds International 2013](#)
- ❑ [International consensus. Optimising wellbeing in people living with a wound. An expert working group review. London: Wounds International, 2012](#)
- ❑ [Adherence and Concordance. EPF Position Paper \(2015\)](#)
- ❑ [Anderson I. How to... Ten top tips on compliance, concordance, and adherence. Wounds International 2013; 4\(2\):9-12](#)

## Wound Infection and Biofilm

- ❑ [International Wound Infection Institute \(IWII\) Wound infection in clinical practice. Wounds International, 2016](#)
- ❑ [Surgical Site Infections: Prevention and Treatment, NICE 2017](#)
- ❑ [Australian Guidelines for the Prevention and Control of Infection in Healthcare. \(2010\) Commonwealth of Australia \(Aseptic non touch technique pg 85-88\)](#)
- ❑ [Rowley S, Clare S, Macqueen A, Molyneux R. ANTTv2 An updated practice framework for aseptic technique 2010; Brit J Nursing 19\(5\): s5-s11](#)

## Skin Integrity

- ❑ [Campbell J, Cover F, Osborne S. The Skin Safety Model: Reconceptualizing Skin Vulnerability in Older patients 2016; Journal of Nursing Scholarship 48\(1\): 14-22](#)
- ❑ [Best Practice Statement. Care of the Older Person's Skin. London: Wounds UK, 2012 \(Second edition\)](#)
- ❑ [Best Practice in Emollient Therapy. A Statement for Healthcare Professionals. Dermatological Nursing, 2012 11\(4\)](#)
- ❑ [Beeckman D et al. Proceedings of the Global IAD Expert Panel. Incontinence associated dermatitis: moving prevention forward. Wounds International 2015](#)
- ❑ [All Wales Tissue Viability Nurse Forum. Best Practice Statement on the Prevention and Management of Moisture Lesions, 2014](#)
- ❑ [DermNet New Zealand: All about the skin](#)

## Pressure Injury

- ❑ [National Pressure Ulcer Advisory Panel, European Pressure Ulcer Advisory Panel and Pan Pacific Pressure Injury Alliance. Prevention and Treatment of Pressure Ulcers: Quick Reference Guide. Emily Haesler \(Ed.\). Cambridge Media: Osborne Park, Australia; 2014.](#)
- ❑ [Houghton PE, Campbell KE and CPG Panel \(2013\). Canadian Best Practice Guidelines for the Prevention and Management of Pressure Ulcers in People with Spinal Cord Injury. A resource handbook for Clinicians](#)
- ❑ [NPUAP Position Statement on Staging – 2017 Clarifications](#)
- ❑ [Pressure Ulcers: Avoidable or Unavoidable? Results of the NPUAP Consensus Conference \(2011\)](#)
- ❑ [Sibbald RG, Krasner D, Lutz JB, et. Al. The SCALE expert panel: Skin Changes AT Life's End, Final Consensus Document, 2009](#)

## Skin Tears

- ❑ [LeBlanc K and Baranoski S. Skin Tears: State of the Science: Consensus Statements for the Prevention, Prediction, Assessment, and Treatment of Skin Tears 2011; Advances in Skin & Wound Care 24\(9\)\(Suppl 1\):2-15](#)

## Ulcerations on the Lower Limb

- ❑ [McAra S, Trevethan R, Wang L, Tinley P \(2017\) Clinical vascular screening of the foot: For life and limb. Diabetes & Primary Care Australia 2: 16–24](#)
- ❑ [Peripheral arterial disease: diagnosis and management. National Institute for Health and Care Excellence, 2017](#)
- ❑ [Inter-Society Consensus for the Management of Peripheral Arterial Disease \(TASC II\) Norgren, L. et al. Journal of Vascular Surgery, 45\(1\) S5-S67](#)
- ❑ [Flow Chart for Assessment of Venous Leg Ulcers. Wounds Australia and the New Zealand Wound Care Society Inc. 2011](#)
- ❑ [Rayner R, Carville K, Keaton J, Prentice J, Santamaria N. Leg Ulcers, atypical presentations and associated comorbidities. Wound Practice and Research 2009; 17\(4\):168-185](#)

## Lymphoedema, Chronic Oedema and Compression

- ❑ [Best Practice for the Management of Lymphoedema, 2<sup>nd</sup> Edition, Compression Therapy: A position document on compression bandaging. International Lymphoedema Framework, 2012](#)
- ❑ [Lymphoedema guide for diagnosis and management in general practice. Lymphoedema Association of Queensland, 2011](#)
- ❑ [The management of secondary lymphoedema - a guide for health professionals. National Breast and Ovarian Cancer Centre, 2008](#)
- ❑ [Australasian Lymphology Association. Consensus Guideline: Management of Cellulitis in Lymphoedema, 2015](#)
- ❑ [World Union of Wound Healing Societies \(WUWHS\). Principles of best practice: Compression in venous leg ulcers. A consensus document. London: MEP Ltd, 2008](#)

## High Risk Foot

- ❑ [Diabetic Foot Australia – Guidelines Summaries](#)
- ❑ [Australian Diabetes Foot Network: management of diabetes-related foot ulceration - a clinical update, 2012, Med J Aust 2012; 197 \(4\): 226-229](#)
- ❑ [National Evidence-Based Guideline on Prevention, Identification and Management of Foot Complications in Diabetes \(Part of the Guidelines on Management of Type 2 Diabetes\) 2011.](#)
- ❑ [Rayman G, Vas P, Baker N, Taylor C, Gooday C, Alder A, Donohoe M. The Ipswich Touch Test. A simple and novel method to identify inpatients with diabetes at risk of foot ulceration. Diabetes Care 2011 Jul; 34\(7\): 1517-1518](#)
- ❑ [International Working Group on the Diabetic Foot – Guidance Documents](#)

## Burns

- ❑ [Burns Management Guidelines, Victorian Adult Burns Service At The Alfred Guidelines and Posters](#)
- ❑ [The Royal Children’s Hospital Melbourne, Clinical Practice Guideline. Burns / Management of Burn Wounds](#)

## Nutrition

- ❑ [Posthauer M, Banks M, Dorner B, Schols J. The Role of Nutrition for Pressure Ulcer Management: National Pressure Ulcer Advisory Panel, European Pressure Ulcer Advisory Panel, and Pan Pacific Pressure Injury Alliance White Paper, Advances in Skin and Wound Care. 2015 Apr; extra: 175-178](#)
- ❑ [Woodward M, Sussman G, Rice J, Ellis T, Fazio V. Expert Guide for Healthcare Professionals: Nutrition and Wound Healing, 2009](#)
- ❑ [Wright S. Nutrition Fact Sheet Healthy Eating for Adults with Spinal Cord Injury. Agency for Clinical Innovation, 2014](#)

## Pain

- ❑ [Principles of best practice: Minimising pain at wound dressing-related procedures. A consensus document. London: MEP Ltd, 2004](#)
- ❑ [Hollinworth H. Pain at wound dressing-related procedures: a template for assessment. World Wide Wounds 2005](#)
- ❑ [Upton D and Solowiej K. Pain and stress as contributors to delayed wound healing. Wound Practice and Research 2010; 18\(3\): 114-122](#)
- ❑ [Mudge E, Orsted H. Wound Infection and Pain Management Made Easy. Wounds International 2010; 1\(3\)](#)

## Dressing Management and Negative Pressure Wound Therapy

- ❑ [World Union of Wound Healing Societies \(WUWHS\). Principles of best practice: Wound exudate and the role of dressings. A consensus document. London: MEP Ltd, 2007](#)
- ❑ [International consensus. Appropriate use of silver dressings in wounds. An expert working group consensus. London: Wounds International, 2012.](#)
- ❑ [Henderson V, Timmons J, Hurd T, Deroo K, Maloney S, Sabo S. NPWT in everyday practice Made Easy. Wounds International 2010; 1\(5\)](#)
- ❑ [Best Practice Statement: Gauze-based Negative Pressure Wound Therapy. Wounds UK, Aberdeen, 2008](#)
- ❑ [Regional Wounds Victoria – Trade Weblinks](#) Search consumable companies available to the Australian wound community
- ❑ [Dressing Data Cards](#) International alphabetical listing

## Online Journals and Research

- ❑ [Wound Practice and Research](#) The Australian Journal of Wound Management. Wounds Australia
- ❑ [Cochrane Wounds](#) UK Group with information on interventions for the prevention and treatment of wounds and wound complications
- ❑ [International Wound Journal - Free Registration](#)